

∞SOULutions SoulCollage ∞

For Transforming Any Part of Your Life

Joining Inspiration & Wisdom through soulful play...



Be prepared for a delight-filled, angst-alleviating, dilemma-clarifying surprising experience in this class. No matter what besieges you right now: world affairs, feeling stuck, unsatisfying work, relational challenges, creativity blocks or any unnamable grief, SoulCollage is a great antidote and way through.

"I am always amazed how, even when I begin a soul collage with an agenda, something fresh and miraculous always emerges."
— Peggy C. (Class participant)



What you'll get in this class:

- Instruction from beginning to end on how to make a SoulCollage, NO ART experience needed
- A completed SoulCollage, & quite likely -clarity, inspiration & courage for your journey
- Writing prompts to help you discover deeper meanings & resources within your cards thus within you
- A new and fun tool you can use for life to access your inherent soul wisdom and inspiration ANYTIME
- An *opportunity* for everyone to engage community at the end by sharing your experience (optional)
- This is not an art class, although it will be artful; this is not vision boarding, although visions will come

When: Friday, October 2nd 3:00-5:30

Where: Una Vida - across from the Niwot Market (7960 Niwot Road B-12, Niwot CO)

Cost: \$40.00. All materials provided

Questions: Call or text Jamie @ 720.233.7529

Register: Pay via Venmo: Jamie-Brennan-18; or Zelle (registered by my phone number)



About the facilitator: Jamie Brennan

Jamie inspires realists to have more joy and trust, and visionaries to move with both feet on the ground - and has danced with these, and many other polarities, her whole life. She is part playful mystic and part compassionate truthsayer. She is also a Life Coach and Therapist with 23 plus years of experience.

www.JamieBrennanTherapy.com

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